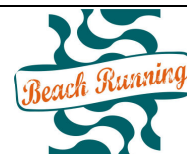




CIRCUITO DAS ACADEMIAS DE NITERÓI 2011



2ª ETAPA: BEACH RUNNING

PIRATININGA / NITERÓI: 28 DE AGOSTO DE 2011

RESULTADO GERAL 5K FEMININO

Colocação Geral	Atleta	Nr	Idade	Equipe	Tempo Líquido	Tempo Bruto	Pace
1	Karin Mercedes C. Quiroga	531	38	Tio Sam / Laurenio Beserra	23:46.4	23:46.6	4:45
2	Alessandra Agra Amorim	541	27	A+T	23:59.5	24:00.1	4:48
3	Bruna Ramos	456	18	CE+3	25:02.2	25:02.9	5:00
4	Suely Nascimento de Oliveira	502	47	---	25:50.9	25:53.5	5:10
5	Francine Franco Takizawa	581	28	CE+3	26:24.2	26:25.6	5:16
6	Wânia Maria de Campos Alves da Costa	583	45	---	27:33.9	27:37.5	5:31
7	Andreia Santos	587	40	---	27:50.0	27:56.4	5:34
8	Patrícia Erthal Mach	574	29	---	28:10.1	28:12.7	5:38
9	Giane Amaral Da Silv	564	40	---	28:21.4	28:23.4	5:41
10	Patrícia Pinto Da Si	538	40	Pais e Filhas	28:32.2	28:40.2	5:42
11	Maria de Lourdes	592	51	---	28:47.8	28:48.5	5:45
12	Cris Mattos	519	46	Mitokondria	29:12.9	29:17.4	5:50
13	Lucia Helena Da Silv	566	52	---	30:00.7	30:01.2	6:00
14	Ana Lucia Santos Sou	516	47	Mitokondria	30:23.0	30:27.4	6:05
15	Mariana Ferreira Fig	515	30	CE+3 / UFF Esporte	30:56.0	30:59.3	6:11
16	Mariana Barbara Vall	549	39	Family	32:03.3	32:10.3	6:25
17	Aline Guimaraes	591	32	CE+3	32:10.6	32:22.3	6:26
18	Cláudia Donelate	419	42	Saúde Assessoria Esportiva	32:35.3	32:41.5	6:31
19	Maria Lucilene Da Ro	572	39	---	32:45.4	32:47.1	6:33
20	Bianca Rosa De Freit	524	28	Academia Músculo & Ação	33:04.1	33:08.8	6:37
21	Claudia Swan	449	47	CE+3	33:21.8	33:23.3	6:40
22	Eliane Machado De So	561	54	---	33:58.1	34:02.9	6:48
23	Maria Claudia Sampaio	508	46	CE+3	34:12.4	34:14.2	6:51
24	Patricia Saad Fernan	528	39	Hair Mix	35:05.3	35:05.3	7:01
25	Juliana Lopes Ferrei	526	26	Hair Mix	35:12.5	35:12.8	7:03
26	Brígida Neide Rocha	559	44	---	35:37.8	35:42.4	7:08
27	Naria De Souza	527	42	Hair Mix	35:43.0	35:43.4	7:09
28	Alexandra Calderini	547	39	Consciência Corporal	37:39.3	37:49.6	7:32
29	Paula Andrea Lourenç	556	34	Tri-Training	37:56.4	38:04.6	7:35
30	Marcia Amorim De Oli	569	43	---	38:05.5	38:10.7	7:37
31	Jeanne Rios Dos Sant	539	36	Tropa de Elite	38:06.9	38:13.2	7:37
32	Ana Marcia Quiterio	557	39	---	39:08.5	39:16.7	7:50
33	Elvira Alvarez Marti	562	40	---	39:46.2	39:55.1	7:57
34	Leilane Marcolino	506	58	---	40:29.3	40:32.6	8:06
35	Marli Soares Da Silv	534	47	Bambinos do Asfalto	40:46.7	40:57.8	8:09
36	Marcela Nascimento D	568	35	---	41:34.6	41:44.0	8:19
37	Kristal Villar	505	17	---	41:41.8	41:44.5	8:20