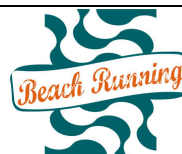




## CIRCUITO DAS ACADEMIAS DE NITERÓI 2011



### 2ª ETAPA: BEACH RUNNING

PIRATININGA / NITERÓI: 28 DE AGOSTO DE 2011

### RESULTADO GERAL 5K MASCULINO

| Colocação Geral | Atleta                    | Nr  | Idade | Equipe                                  | Tempo Líquido | Tempo Bruto | Pace |
|-----------------|---------------------------|-----|-------|---|---------------|-------------|------|
| 1               | Messias Vargas Moura      | 546 | 37    | Charque Litoral / Htps Informática      | 17:46.0       | 17:46.3     | 3:33 |
| 2               | Laurenio Alves Beserra    | 532 | 49    | Tio Sam / Laurenio Beserra              | 18:16.5       | 18:17.0     | 3:39 |
| 3               | Jayne Almeida             | 447 | 38    | ACT Rio / Speed / Moacyr Bastos / Radix | 18:43.4       | 18:43.8     | 3:45 |
| 4               | Ricardo Lopes de Carvalho | 593 | 50    | CE+3                                    | 19:08.5       | 19:09.3     | 3:50 |
| 5               | Carlos Alberto Rodrigues  | 529 | 40    | Cicle Itaipú                            | 19:42.1       | 19:45.8     | 3:56 |
| 6               | Felipe Farias Cunha       | 535 | 16    | Equipe Guto Araújo                      | 20:15.8       | 20:16.3     | 4:03 |
| 7               | Marcilio da Silva         | 588 | 54    | PMERJ                                   | 20:24.5       | 20:26.0     | 4:05 |
| 8               | Sidney Dos Santos Ar      | 579 | 45    | ---                                     | 20:26.0       | 20:28.0     | 4:05 |
| 9               | Jorge Luiz Rispe          | 589 | 46    | Boxe                                    | 20:51.1       | 20:51.7     | 4:10 |
| 10              | Jovane Gonçalves Da       | 514 | 36    | CE+3 / Guarda Municipal Niterói         | 20:56.6       | 20:58.8     | 4:11 |
| 11              | Walmir Soares Azeved      | 530 | 47    | Cicle Itaipú                            | 21:24.6       | 21:24.7     | 4:17 |
| 12              | Rodrigo Da Rocha Mac      | 576 | 30    | ---                                     | 21:43.6       | 21:45.5     | 4:21 |
| 13              | Djalma Alves              | 501 | 46    | CE+3                                    | 21:51.4       | 21:51.8     | 4:22 |
| 14              | Flávio Loureiro Da S      | 548 | 38    | Equipe Pena                             | 22:04.1       | 22:05.1     | 4:25 |
| 15              | Alvaro Maiorano           | 459 | 46    | CE+3                                    | 22:05.5       | 22:06.9     | 4:25 |
| 16              | Antonio Carlos Ferre      | 518 | 49    | Mitokondria                             | 22:51.4       | 22:52.9     | 4:34 |
| 17              | Marcio Mello              | 507 | 44    | CE+3                                    | 22:51.5       | 22:52.1     | 4:34 |
| 18              | Renato Cardoso De Ca      | 575 | 51    | ---                                     | 22:52.6       | 23:02.2     | 4:35 |
| 19              | Daniel Da Silva Pint      | 551 | 26    | G.T.A.                                  | 23:38.7       | 23:40.9     | 4:44 |
| 20              | Wandemberg De Araújo      | 536 | 25    | Equipe Guto Araújo                      | 23:59.2       | 24:00.2     | 4:48 |
| 21              | Luis Carlos               | 446 | 46    | Tri-Training                            | 24:10.9       | 56:56.5     | 4:50 |
| 22              | Jorge Roberto             | 504 | 46    | CE+3                                    | 24:11.2       | 24:17.4     | 4:50 |
| 23              | Marcus De Oliveira M      | 571 | 50    | ---                                     | 24:33.1       | 24:35.6     | 4:55 |
| 24              | Mauricio Dos Santos       | 509 | 42    | CE+3                                    | 24:51.7       | 24:55.1     | 4:58 |
| 25              | Adriano da Rocha          | 590 | 34    | ---                                     | 24:56.0       | 24:59.7     | 4:60 |
| 26              | Antonio Carlos Gomes      | 443 | 55    | Equipe Pena                             | 25:22.4       | 25:24.1     | 5:04 |
| 27              | Vitor Rocha Coelho D      | 581 | 15    | ---                                     | 25:25.9       | 25:27.4     | 5:05 |
| 28              | Flavio Luis Fernande      | 555 | 42    | sosbombeiros.com                        | 25:35.8       | 25:37.7     | 5:07 |
| 29              | Wilson Ivo Pinto          | 584 | 41    | ---                                     | 25:57.5       | 26:00.0     | 5:11 |
| 30              | Antonio Tertuliano D      | 533 | 48    | Bambinos do Asfalto                     | 26:14.9       | 26:24.7     | 5:15 |
| 31              | Claudio Machado Viei      | 553 | 60    | murobr.com                              | 26:31.0       | 26:32.6     | 5:18 |
| 32              | Luiz De Souza Dias        | 567 | 44    | ---                                     | 26:48.3       | 26:53.6     | 5:22 |
| 33              | Marcelo Pereira Da C      | 550 | 35    | FF Running                              | 27:24.7       | 27:28.0     | 5:29 |
| 34              | Leonardo Barbosa De       | 521 | 28    | Mitokondria                             | 27:43.7       | 27:47.8     | 5:32 |
| 35              | Leandro Da Silva Fer      | 525 | 29    | Academia Músculo & Ação                 | 28:28.5       | 28:33.2     | 5:42 |
| 36              | Carlos De Azevedo Ju      | 537 | 42    | Pais e Filhas                           | 28:32.9       | 28:40.0     | 5:42 |
| 37              | Elizier Willian Gome      | 520 | 49    | Mitokondria                             | 28:51.3       | 28:55.8     | 5:46 |
| 38              | Evaldo Carvalho Feli      | 563 | 41    | ---                                     | 28:56.2       | 29:01.9     | 5:47 |
| 39              | Mário Sergio Rachid       | 552 | 39    | Hildebrando Team                        | 29:30.7       | 29:34.2     | 5:54 |
| 40              | Vicente José Campite      | 540 | 51    | Tropa de Elite                          | 30:11.2       | 30:18.6     | 6:02 |
| 41              | Renan Marquet             | 554 | 51    | Runners Rio                             | 30:16.1       | 30:23.3     | 6:04 |
| 42              | Ricardo De Azevedo B      | 511 | 45    | CE+3                                    | 30:20.1       | 30:25.5     | 6:04 |
| 43              | Antonio Porfirio Ram      | 523 | 46    | Academia Músculo & Ação                 | 31:10.1       | 31:14.9     | 6:14 |
| 44              | Mauricio Da Mata          | 573 | 50    | ---                                     | 31:39.7       | 31:54.1     | 6:20 |
| 45              | Luis Henrique             | 586 | 51    | CE+3                                    | 31:46.7       | 31:53.2     | 6:22 |
| 46              | Romero Correa De Oli      | 577 | 39    | ---                                     | 31:53.2       | 32:01.5     | 6:23 |
| 47              | Andre Bezerra             | 558 | 38    | ---                                     | 32:55.7       | 33:03.4     | 6:35 |
| 48              | Marcos Elia Soares        | 570 | 49    | ---                                     | 35:55.7       | 36:02.2     | 7:11 |
| 49              | Eduardo Gomes De And      | 560 | 17    | ---                                     | 37:22.2       | 37:27.7     | 7:29 |
| 50              | Ricardo Barboza Da S      | 544 | 43    | Alexandra Calderini                     | 37:43.2       | 37:53.6     | 7:32 |
| 51              | Marcelo Jardim            | 458 | 45    | CE+3                                    | 38:04.7       | 38:12.2     | 7:37 |
| 52              | Sérgio Silva Ramos        | 578 | 39    | ---                                     | 39:31.2       | 39:44.2     | 7:54 |