



CIRCUITO DAS ACADEMIAS DE NITERÓI 2011

3ª ETAPA: SÃO JOÃO RUN

CAMBOINHAS / NITERÓI: 03 DE DEZEMBRO DE 2011



RESULTADO GERAL 7K MASCULINO

Colocação Geral	Atleta	Nr	Faixa Etária	Equipe	Tempo Líquido	Tempo Bruto	Pace
1	Laurenio Alves Beserra	146	45-49	Tio Sam / Laurenio Beserra	00:24:35	00:24:35	3:31
2	Edilson Francisco de Aguiar	174	40-44	---	00:25:34	00:25:35	3:39
3	Marcos Cruz do Nascimento	192	40-44	Cicle Itaipú	00:25:56	00:25:56	3:42
4	Carlos Alberto Rodrigues	190	40-44	Cicle Itaipú	00:27:18	00:27:26	3:54
5	Jovane Gonçalves da Silva	88	35-39	CE+3 / Guarda Municipal Niterói	00:27:21	00:27:22	3:54
6	Jamilson Daher Cardoso	100	55-59	Clube Santa Luzia	00:27:56	00:27:57	3:59
7	Jose Elieudo Martins da S	144	45-49	Sport Is Life	00:28:33	00:28:33	4:05
8	Walmir Soares de Azevedo	193	45-49	Cicle Itaipú	00:28:39	00:28:39	4:05
9	Nelson da Silva Melo Junior	131	20-24	Pernambuco Imortal	00:29:15	00:29:15	4:10
10	Djalma Alves da Silva	74	45-49	CE+3	00:29:30	00:29:30	4:13
11	Rogério Daurea Cardozo	179	45-49	---	00:29:39	00:29:43	4:14
12	Renato Cardoso de Carvalho	177	50-54	---	00:30:50	00:30:51	4:24
13	Rogério Fontes Martins	125	40-44	Litoral	00:30:55	00:31:03	4:25
14	Maurício Moura	196	50-54	União Cabo Frio	00:30:57	00:30:58	4:25
15	Leonardo Vieira	108	40-44	FF Running	00:31:07	00:31:10	4:27
16	Hugo Barreto Batalha	103	30-34	Delta	00:31:12	00:31:23	4:27
17	Tiago Ferreira de Melo	127	20-24	Litoral	00:31:56	00:32:01	4:33
18	Mario Gabriel Nogueira de Almeida	101	25-29	Daniele do Nascimento Silva	00:31:58	00:32:09	4:34
19	Alcidiu Francisco dos Santos Rosas	117	45-49	Litoral	00:32:00	00:32:04	4:34
20	Rafael Santos Brandão	97	30-34	CBMERJ	00:32:17	00:32:17	4:37
21	Diogo Dertonio de Sousa Pa	155	30-34	---	00:32:21	00:32:31	4:37
22	Leonardo Michelsen Monteiro de Barros	81	35-39	CE+3	00:32:35	00:32:41	4:39
23	Ronaldo Dias Ferreira	180	30-34	---	00:33:09	00:33:21	4:44
24	Francisco Messias Martins Alves	102	30-34	Delta	00:33:13	00:33:24	4:45
25	Ivair Alves de Macedo	79	55-59	CE+3	00:33:22	00:33:29	4:46
26	Felipe Machado	75	30-34	CE+3	00:33:40	00:33:52	4:48
27	Hilton da Silva Jordão Júnior	78	50-54	CE+3	00:33:45	00:33:47	4:50
28	Rafael Athayde	200	30-34	---	00:34:00	00:34:09	4:51
29	Carlos Alberto Alonzo de Oliveira	132	45-49	Princesa Supermercados	00:34:18	00:34:22	4:54
30	José Vilela Freitas	187	55-59	CE+3	00:34:40	00:34:42	4:57
31	Abelardo Monteiro da Costa	116	40-44	Litoral	00:34:56	00:35:01	5:00
32	Rafael de Lima Rodrigues Pinto	122	25-29	Litoral	00:35:20	00:35:26	5:03
33	Marco Aurélio Santos da Silva	84	40-44	CE+3	00:35:29	00:35:32	5:04
34	Jefferson Lessa Sant' Anna	91	25-29	Activa Fitness	00:35:33	00:35:42	5:04
35	Max Eduardo	198	60-64	CE+3	00:35:38	00:35:38	5:05
36	Claudio Machado Vieira	129	60-64	Murobr.com	00:35:55	00:35:57	5:08
37	Waldemiro José Ribeiro da Silva	93	60-64	Amagata Alcântara	00:36:07	00:36:09	5:09
38	Leonardo Lopes	107	25-29	FF Running	00:36:11	00:36:25	5:10
39	Horácio Eduardo Santos Guimarães Per	165	25-29	---	00:36:12	00:36:25	5:10
40	Vinicius Cabral Brito	104	35-39	Fenix	00:36:14	00:36:30	5:11
41	Bráulio Bezerra de Menezes S	147	30-34	Tri-Training	00:36:14	00:36:17	5:11
42	Domingos Cordeiro Gomes	184	30-34	---	00:36:26	00:36:40	5:13
43	Marcelo Pereira da Costa	110	35-39	FF Running	00:37:13	00:37:22	5:19
44	Matheus Vieira Chaim	185	20-24	---	00:37:29	00:37:33	5:21
45	Francisco Nacílio Candido da Costa	119	35-39	Litoral	00:37:39	00:37:45	5:23
46	Francisco Narcélio Candido da Costa	120	40-44	Litoral	00:38:16	00:38:22	5:28
47	Wilber Silva dos Santos	182	30-34	---	00:38:16	00:38:16	5:28
48	Aroldo Vieira	95	50-54	Aquática	00:38:32	00:38:36	5:30
49	Leandro Henrique Carvalho Malheiros	98	50-54	CEDAE	00:38:53	00:38:54	5:33
50	Renan Marquet	138	50-54	Runners Rio	00:39:00	00:39:04	5:34
51	Volner Correa dos Santos	128	45-49	Litoral	00:39:05	00:39:20	5:35
52	Luiz Guilherme Thomaz	209	20-24	---	00:39:23	00:39:32	5:37
53	Luciano Rodrigues de Moura	169	30-34	---	00:40:07	00:40:23	5:44
54	Sergio Pinto	126	50-54	Litoral	00:40:40	00:40:47	5:49
55	Maurício Pessoa Garcia	148	35-39	US	00:41:23	00:41:36	5:55
56	Paulo Roberto de Oliveira	94	55-59	Aptus Run	00:41:29	00:41:34	5:55
57	Leonardo Eyer Harris	168	35-39	---	00:42:23	00:42:27	6:04
58	Diego Martins de Castro	118	25-29	Litoral	00:43:50	00:43:57	6:16
59	Rodrigo Meireles Soares	124	35-39	Litoral	00:43:53	00:43:59	6:16
60	Wanderson F. da Mata Almeida	143	35-39	Secretaria Municipal de Esportes	00:45:02	00:45:10	6:26
61	Carlos Magno Zanotti Meirel	152	45-49	---	00:45:02	00:45:09	6:26
62	Reginaldo Franco	175	65-99	---	00:45:07	00:45:08	6:27
63	Charles Pacheco Piñon	153	35-39	---	00:45:19	00:45:27	6:28
64	Fabio Rodrigues Cavalcante	159	30-34	---	00:45:20	00:45:27	6:28
65	Felipe da Rocha Lima	161	25-29	---	00:46:06	00:46:11	6:35
66	Bruno Alves Hilário	72	30-34	CE+3	00:46:58	00:47:13	6:43
67	Marcelo Flávio Gomes Jardim Filho	83	40-44	CE+3	00:52:36	00:52:45	7:31
68	Sergio Hermes Martello Bacc	181	45-49	---	00:53:55	00:53:57	7:42
69	Henrique Zanetti de Oliveira Bastos	164	15-19	---	01:00:07	01:00:22	8:35
70	Ricardo Lauria de Azevedo	123	30-34	Litoral	01:01:05	01:01:13	8:44